



Arthur's Refreshing Shower Routine

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Arthur sits comfortably in his bright bedroom as the golden afternoon light streams through the window. It is time for his relaxing shower routine, which helps him feel clean, calm, and refreshed.



Arthur carefully picks out his favorite soft blue towel and lays out clean, warm clothes on the counter. Having everything neatly arranged makes his routine feel predictable, easy, and comfortable.



Arthur steps into the warm, well-lit bathroom and sits securely on his sturdy shower chair. The soft, textured safety mat beneath his feet helps him feel grounded and safe.



Arthur holds out his hand to gently test the stream of water flowing from the showerhead. He smiles as the water reaches a perfect, soothing temperature that feels soft and comforting against his skin.



Arthur calmly removes his clothes one item at a time and places them neatly into the laundry hamper beside him. He takes a deep breath, feeling relaxed and ready to enjoy the soothing warm water.



Using a warm, soft washcloth and gentle soap, Arthur washes his arms and torso with smooth, deliberate movements. The light scent of fresh soap fills the air as bubbles gently rinse away under the soft water stream.



Arthur gently rinses his silver hair with warm water, closing his eyes peacefully as the water cascades down. He feels safe and relaxed while the cozy warmth wraps around his shoulders.



Arthur turns off the water tap and carefully wraps his large, soft blue towel around his shoulders. He gently pats himself dry step-by-step, enjoying the snug and cozy feeling.



Arthur sits comfortably on the bathroom bench to put on his clean, soft clothes one piece at a time. He carefully fastens his shirt buttons, feeling fresh, warm, and neat.



Arthur looks in the bathroom mirror with a warm, proud smile at a job well done. Fresh, clean, and completely relaxed, he is ready to enjoy a peaceful and comfortable evening.