



# The Power of Your Greeting

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Leo stands backstage, clutching his notes with trembling hands as he peers through the curtain at the waiting crowd. He feels small and overwhelmed, realizing that his words alone might not be enough to reach the people in the room.



Recalling the golden rule that energy precedes words, Leo takes a deep breath and sets his notes aside. He stands tall in front of a mirror, focusing on projecting a warm and powerful presence before he even speaks a word.



Walking onto the brightly lit stage, Leo stops at the center and holds a confident power pose for two seconds. He does not rush to speak, instead allowing the silence to establish his authority and command the room's attention.



With a genuine smile, Leo makes eye contact with several people in the audience, creating an instant bridge of connection. He delivers his opening greeting with a vibrant energy that makes every person in the room feel seen and inspired.



Transitioning to his home studio, Leo prepares for a global virtual meeting by focusing his gaze directly into the camera lens. He knows that looking at the lens, rather than the screen, is the key to making his digital audience feel his presence.



During the video call, Leo uses expressive hand gestures within the camera frame to emphasize his points and maintain a high level of engagement. His voice is slightly more energetic than usual, ensuring his enthusiasm travels through the digital space.



Back at home, Leo begins his daily ten-minute practice routine by standing before his bedroom mirror. He experiments with his greeting, trying it first with high energy, then with a tone of calm, steady authority to find the perfect balance.





Leo uses his smartphone to record a short practice session, carefully reviewing the footage afterward to check his posture and clarity. He identifies one small thing to improve for the next day, focusing on the power of a well-timed pause.



In the quiet of the evening, Leo stands with conviction and repeats his personal power mantra five times. He speaks the words 'My presence creates impact' with such certainty that he can feel his confidence growing within his chest.



Leo stands confidently at the intersection of his physical and digital worlds, successfully leading a diverse group of people toward a shared goal. He has mastered the art of the greeting, transforming every interaction into a powerful moment of connection and inspiration.