



The Magic Book and the World of Joy

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In the coziest and quietest room at school, the psychologist's office, a special lesson was underway. Around a round table sat Teacher Marsiyana and four students: Kamshat and Nazerke, and Daulet and Daryn. The room felt warm and inviting, filled with a sense of calm anticipation.



Teacher Marsiyana placed a beautiful, large book with a shiny cover onto the table. "Children," she said in a mysterious voice, "this is not just any book. This is the 'Magic Book' that controls our mood." The children leaned forward, their eyes wide with curiosity.



The children gazed intently at the book. The moment Daryn opened its cover, a sudden, brilliant yellow light filled the entire office! Everyone instantly closed their eyes, startled by the unexpected burst of energy.



When they opened their eyes again, they were no longer in the school but in an amazing 'Kingdom of Joy.' It looked just like the 'Control Center' from the 'Inside Out' cartoon! Everything around them was bright yellow and incredibly luminous. Colorful, glowing spheres lined the walls.



Just then, a figure with blue hair, a sunny yellow dress, and a radiant face appeared before them. It was Kuanych, meaning Joy! "Hello, friends! Welcome to the World of Joy!" she exclaimed, embracing the children with open arms.



Kamshat and Nazerke, full of wonder, pointed around the vibrant room. "Wow! What are these sparkling spheres?" they asked, their faces beaming with excitement and curiosity at the magical display.



Kuanych smiled warmly. "These are your happy memories," she explained. "Here, look!" She gently picked up a bright yellow sphere, holding it carefully in her hands as it glowed softly.



Inside the glowing sphere, vivid moments unfolded: Daulet's triumphant football victory, Daryn presenting a bouquet of flowers to his mother, and Kamshat's proud moment of receiving a perfect grade. The children watched, captivated by their own joyful recollections.



Kuanych shared an important secret with the children: "If you get along with your friends, help each other, and study well, these yellow spheres will multiply! Good memories are the guarantee of a strong mind!" The children and Teacher Marsiyana danced and played with the golden spheres, their spirits soaring.



Suddenly, Teacher Marsiyana announced, "Children, it's time for us to return." As they closed the magic book, they found themselves back in their office. The two girls and two boys smiled at each other, promising to remember only joyful moments. The lesson ended cheerfully, leaving everyone with warm hearts.