



Little Hero Nour

Ayaat Mansour



Nour was at the supermarket with his mom, feeling excited as he looked at all the colorful aisles. The store was bright and filled with interesting things, but the toy section was his favorite place to be.



He stood happily in front of a shelf filled with bright toys, admiring the cars and games. His mom was nearby, busy picking out groceries in the quiet and calm atmosphere of the store.



Suddenly, Nour began to feel a sense of unease and discomfort without knowing exactly why. He felt someone getting much too close to his personal space, which made him feel very nervous.



Nour's heart started to beat a little faster, and he felt a strange flutter in his stomach. He realized that something didn't feel right, and his face showed his growing worry as he realized he needed to do something.



In that moment, Nour remembered an important rule he had learned: 'My body belongs to me!' This thought gave him a sudden burst of confidence, and he felt a glow of inner strength surrounding him like a shield.



He stood tall, held up his hand in a firm stop gesture, and said loudly and clearly, 'No! Don't come closer! I'm not comfortable!' His face was brave and determined as he set his boundary.



Without waiting another second, Nour ran as fast as his legs could carry him toward his mother. He didn't look back because he knew that getting to his safe person was the most important thing to do.



Nour reached his mom and felt the immediate relief of being safe again. She opened her arms wide to welcome him into a warm hug, providing a secure place away from his worries.



Once he felt calm, Nour told his mom everything that had happened and how he had felt. She listened to him with her full attention and a serious but loving expression, making sure he knew he did the right thing.



Mom gave him another big hug and said, 'Bravo, my little hero! I am so proud of you for using your voice and coming to me.' Nour smiled brightly, feeling like a true champion because he knew how to stay safe and speak up.