



Lily's Shadowing Adventure

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Lily sat at her desk, a pile of English textbooks looming before her like a mountain. She used to love learning, but lately, she found it hard to get back into English, feeling overwhelmed by all the words and rules.



A sigh escaped Lily's lips as she stared out the window, wishing she could just take a break from learning. No matter how hard she tried, she just couldn't seem to make progress and often felt stuck.



One rainy afternoon, Lily found herself in the library, searching for something new. A colorful book titled 'Speak English Naturally: The Shadowing Method' caught her eye, promising a fresh approach to language learning.



Excited, Lily brought the book home and put on her headphones, mimicking the sounds she heard. It felt a little strange at first, but she decided to try, starting little by little, repeating phrases and sentences aloud.



Days turned into weeks, and Lily's practice became a joyful habit. She noticed a remarkable change: she was beginning to start speaking naturally, and surprisingly, she found herself able to stop translating in her head.



During her English class, the teacher asked a question that usually stumped her. To her own surprise, Lily raised her hand and answered clearly, feeling a rush of pride as she realized she was beginning to make progress again.



Later that week, Lily met a new exchange student and struck up a conversation. Her words flowed easily, and she could tell her voice began to sound more confident with every sentence she spoke.



Eager to share her secret, Lily showed her shadowing book to her friend, Tom, who also struggled with English. She explained how the method had helped her overcome her fear of speaking.



Now, Lily walks with a spring in her step, chatting happily in English with her friends, planning future adventures. Her shadowing journey not only improved her English but also filled her with a newfound confidence and joy.