



Mia and the Magic of Sun Safety

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Mia and her friend Ben are playing in a beautiful green park under a bright blue sky. The grass is soft, and they are excited to run and play all morning.



A tiny, glowing sun character with a big smile and tiny sunglasses floats down to meet them. This is Sunny, and he wants to show the children how to have fun safely.



Sunny explains that while he loves to shine, his rays can be very strong for young skin. He shows them how too much sun can make skin red and itchy like a lobster.



Mia reaches into her backpack and pulls out a bottle of sunscreen. She and Ben help each other rub the white cream onto their arms, legs, and noses to create a magic shield.



Next, Mia puts on her favorite pink sun hat, and Ben puts on his cool blue cap. They also slide on their dark sunglasses to protect their eyes from the bright light.



The clock strikes noon, and the sun is very high and hot in the sky. Sunny points towards a large, leafy oak tree that provides a big patch of cool, dark shade.



Mia and Ben sit together under the tree and take out their colorful water bottles. Sunny reminds them that drinking plenty of water keeps their bodies happy and cool on the inside.



Sunny does a happy little dance as he sees the children following all the safety rules. They have their hats, their cream, their water, and they are resting in the shade.



Now that they are protected, Mia and Ben can play tag and laugh without any worries. Sunny watches over them with a gentle glow, making sure they stay safe and happy.



As the day ends, Mia and Ben wave goodbye to their new friend Sunny. Their skin feels cool and healthy, and they are ready for another sunny day of play tomorrow.