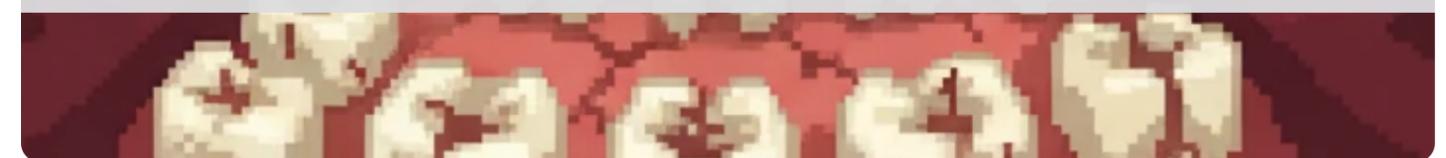


Albie's Mighty Digestive Mission

Гульжазира Казакбаева

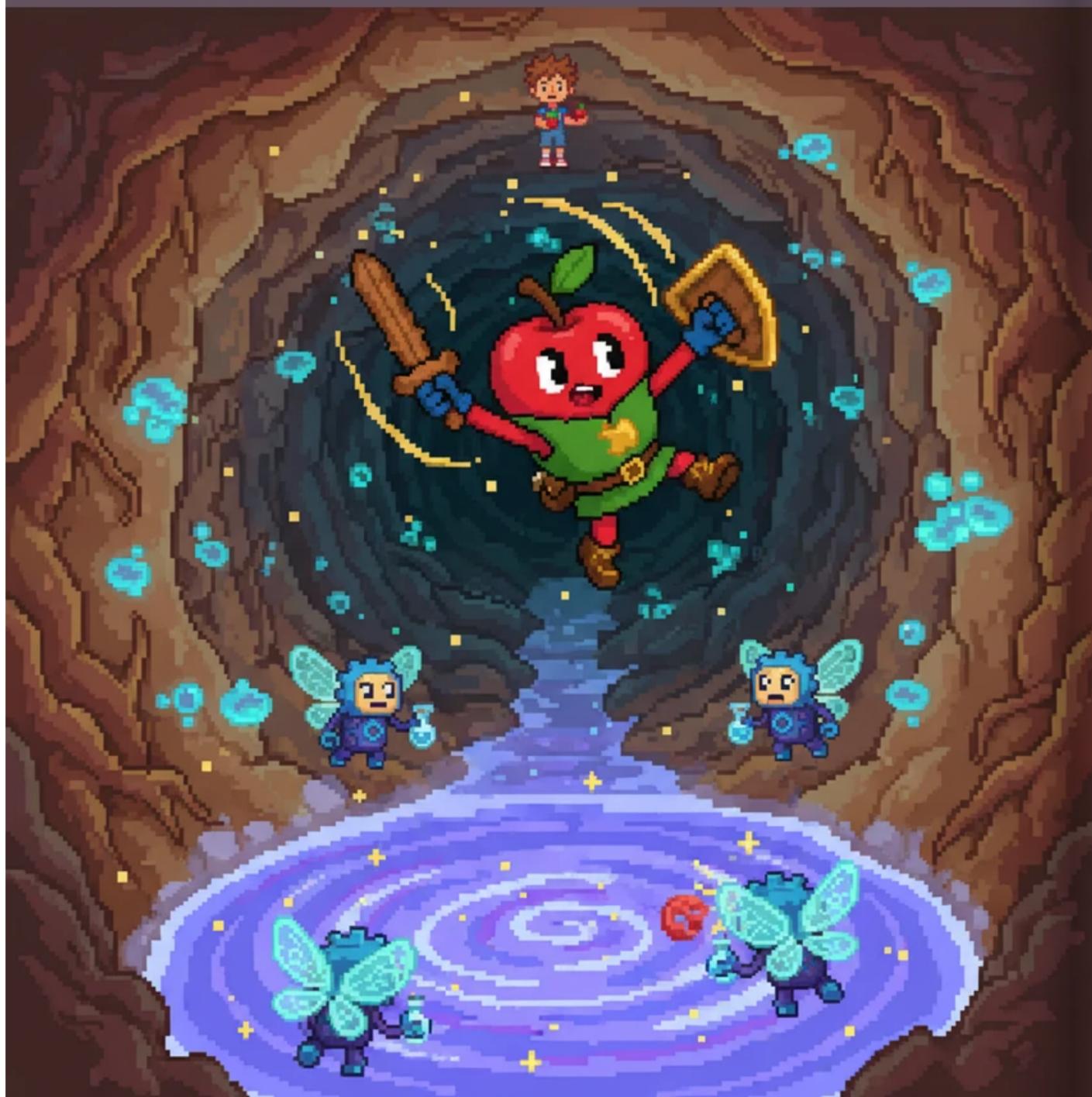




Albie the Apple sits proudly in a bright fruit bowl, his red skin gleaming under a soft kitchen light. He is a cheerful hero with a tiny smile, ready for his big mission to provide energy to a growing child.



The journey begins as Albie enters the mouth, where the teeth act like giant, friendly grinding machines. He is swirled around in a refreshing mist of saliva that begins to soften him up for the long trip ahead.



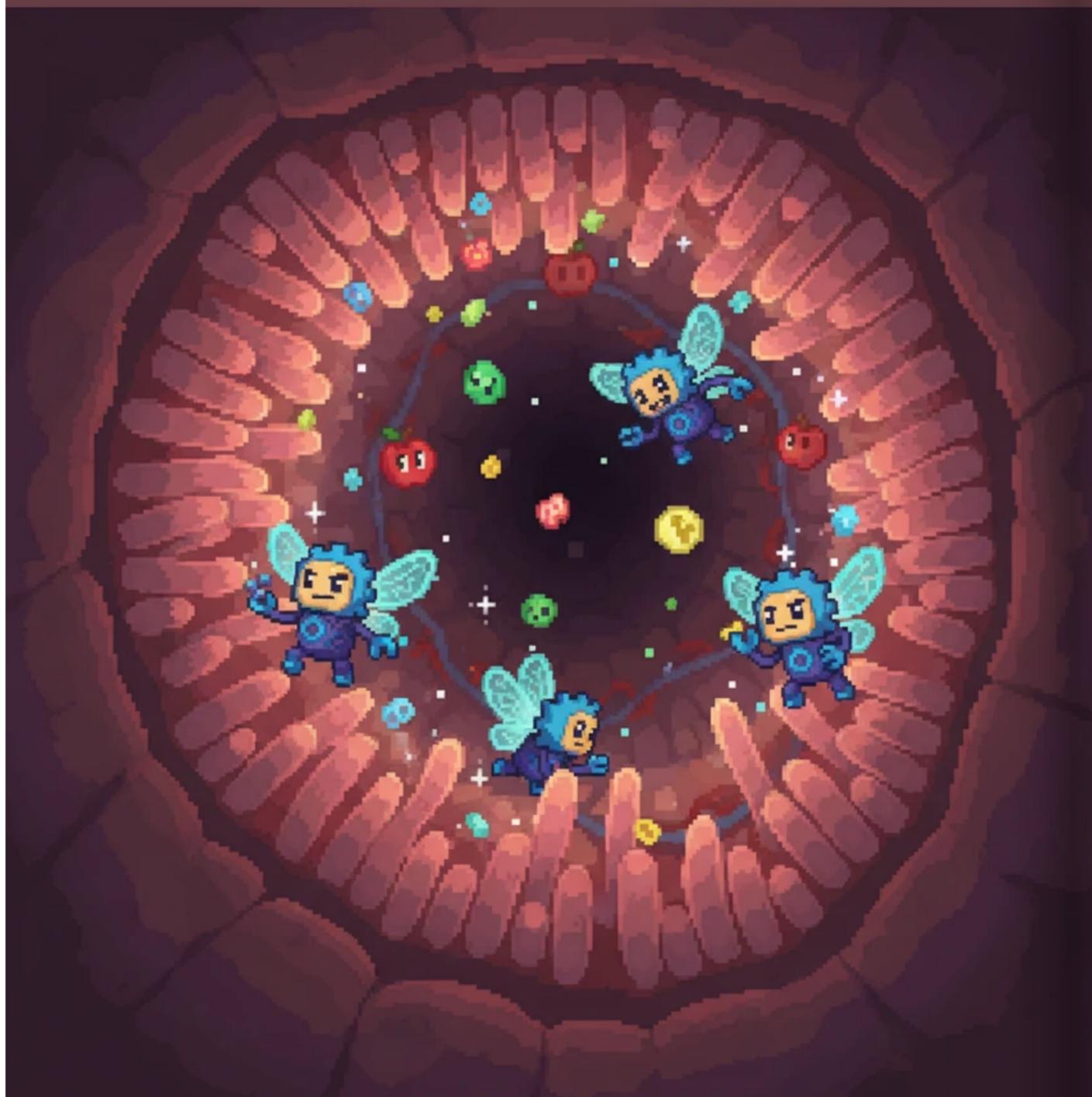
Albie takes a thrilling plunge down the esophagus, a long and stretchy slide that glows with a warm, welcoming light. The walls move in a gentle, rhythmic wave, pushing him steadily down toward the stomach.



He splashes into the stomach, a bubbling pool of golden juices where the enzyme sprites live. These tiny, glowing workers engage in a playful battle with Albie, breaking him down into a magical, nutrient-rich liquid.



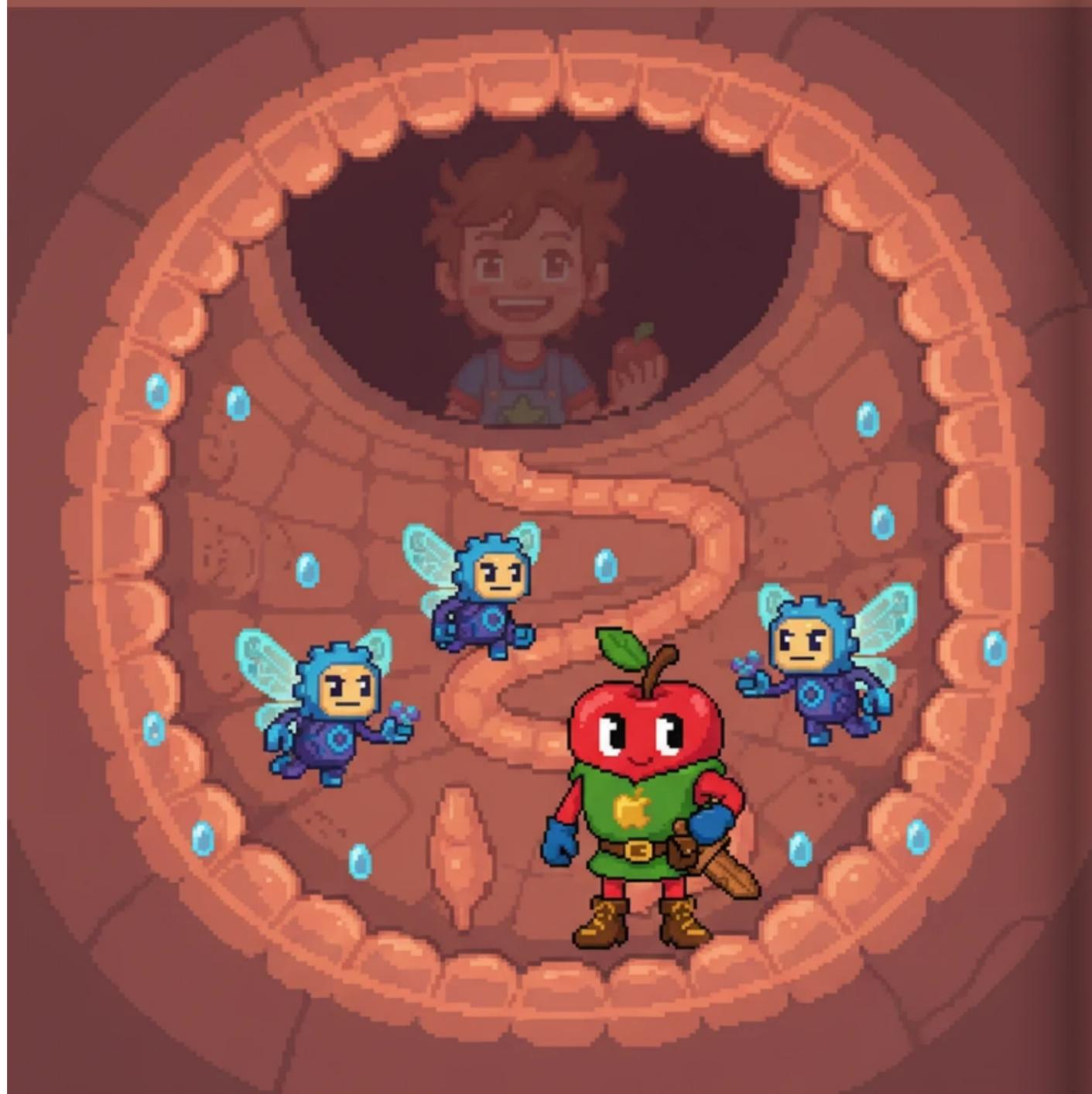
Now a glowing stream of energy, Albie flows into the winding tunnels of the small intestine. The path is long and colorful, filled with soft light as the body starts to gather his healthy gifts.



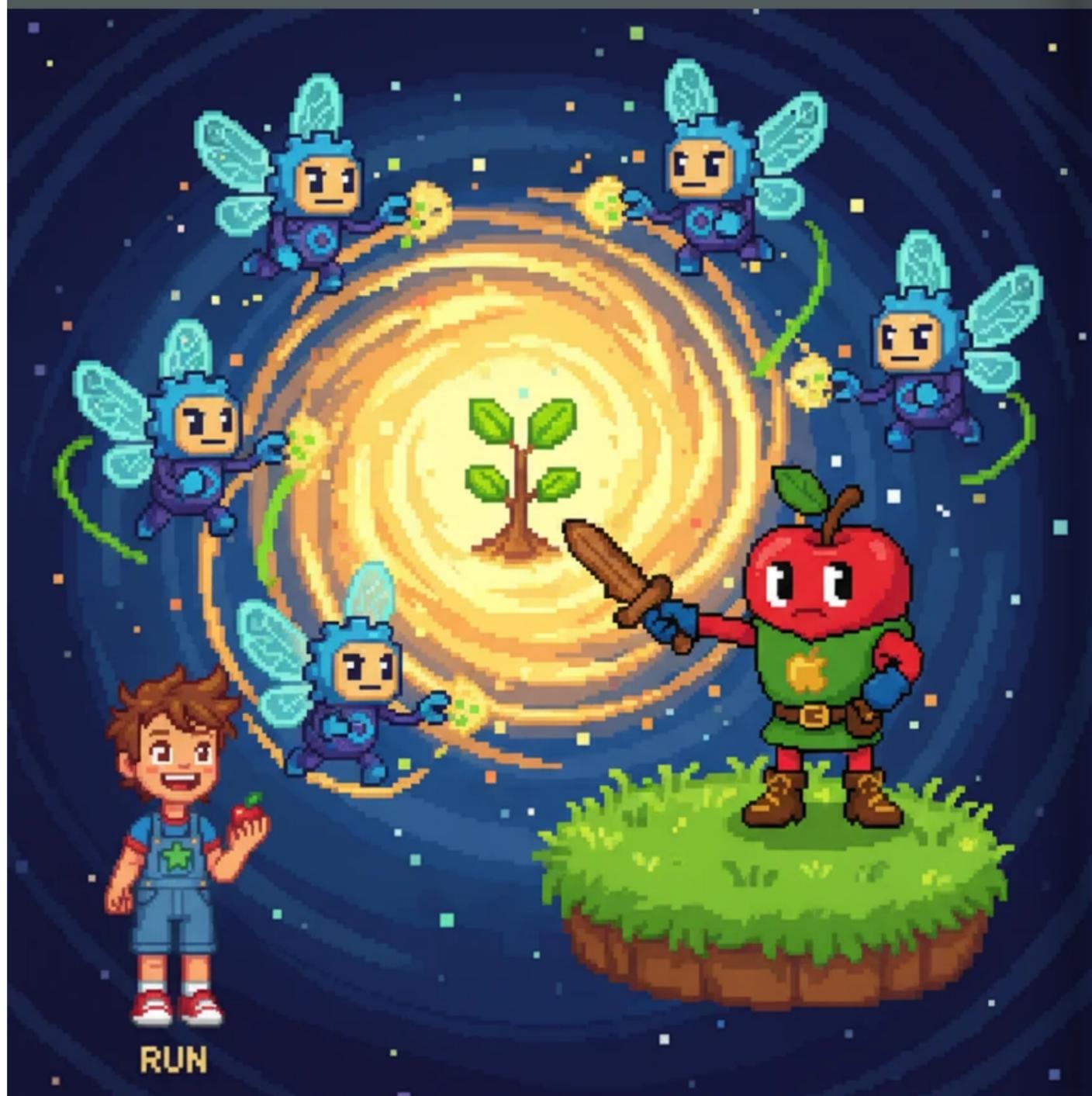
Along the tunnel walls, millions of tiny, waving villi reach out like soft sea anemones. They gently touch the passing nutrients, absorbing vitamins and minerals to send them directly into the bloodstream.



Albie's nutrients travel to the liver, a grand and busy processing center that looks like a high-tech laboratory. The liver carefully inspects everything, making sure only the best energy is sent to the heart and brain.



The remaining parts of the journey move into the large intestine, a wide and peaceful passage. Here, the body carefully drinks up any leftover water, ensuring that nothing from Albie's journey goes to waste.



Albie's energy finally reaches the muscles and the brain, lighting them up with a vibrant, sparkling glow. A child feels a sudden burst of strength and happiness, ready to jump, run, and explore the world.

THE BLIGHT CONQUERED!



The mission is a success as the child plays happily in a sunny park, full of life and vigor. Albie has completed his transformation from a simple fruit into the power that fuels a beautiful and healthy day.