



# Ultai's Helpful Hands

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The kind teacher smiles warmly at her students. She reminds them all to be helpful and kind to their parents when they go home. Little Ultai listens carefully, locking this wonderful advice deep inside her heart.



**I have two hands,  
helpful and bright,  
working for family  
with all my might!**



When Ultai steps inside her cozy home, she sees her dear father sitting down, looking tired after a long day of hard work.

She wants to bring a big smile to his face right away.

She greets him warmly and takes off her small shoes.



Father, can I  
boil the tea for you?



Her father smiles gently and pats her head, saying that she is still too small to handle hot water. He picks up the big, heavy yellow samovar and carries it outside to light the fire safely. Ultaï stays inside the quiet room, wondering what else she can do to help.



To cheer herself up, Ultai decides to do a fun movement game called the Helpful Dance. She stretches her arms high like a tree, twists left and right, and claps her hands to build up her energy. Now she is fully ready to find a safe and perfect chore.



Ultai knew how much her family loved their tea table.

So she carefully wiped every inch, making it clean and shiny.




**Next, she carefully picks up the beautiful tea cups one by one. She wipes them down gently and arranges them neatly across the clean table, making sure everything looks perfect for tea time. She feels proud of her quiet, careful work.**



Her father stepped back into the house carrying a warm, heavy samovar. He froze in surprise at the sparkling clean table and beautifully organized tea cups before him. A wave of immense pride and happiness washed over his face.



A heartwarming illustration of a father with grey hair and a beard, wearing a brown sweater, hugging his young daughter. The daughter has brown hair in a ponytail and is wearing a pink shirt and white pants. They are in a cozy living room with a bookshelf, a window with curtains, and a basket of toys in the foreground.

May you live a long and happy life, my dear daughter, you have truly grown up, her father says with a proud smile as he hugs her.

Now, dear readers, can you answer these questions:

**1** How do you help your parents at home?

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**2** What game can you play while cleaning up?

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